



Eucharist

Second Sunday of Lent

Sunday 25 February 2024

Hymn

Take up thy cross, the Saviour said,
if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me.

Take up thy cross; let not its weight
fill thy weak spirit with alarm;
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel;
the Lord for thee the cross endured,
to save thy soul from death and hell.

Take up thy cross then in his strength,
and calmly every danger brave;
'twill guide thee to a better home,
and lead to victory o'er the grave.

Take up thy cross, and follow Christ,
nor think till death to lay it down;
for only they who bear the cross
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,
all praise for evermore ascend;
O grant us in our home to see
the heavenly life that knows no end.

Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you
and also with you.

The president welcomes the people and introduces the celebration.

Sunday School Procession

Go to pray and learn and play.
Thanks be to God.

The Children process out to Sunday School.

Prayers of Penitence

The deacon invites us to reflect and confess our sins using these words

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Silence is kept

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.**

**For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you
in newness of life
to the glory of your name.
Amen.**

Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

The Collect

Let us pray.

Silence is kept.

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant to all those who are admitted
 into the fellowship of Christ's religion,
that they may reject those things
 that are contrary to their profession,
and follow all such things as are agreeable to the same;
through our Lord Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Sit

Old Testament Reading (Genesis 17.1-7, 15, 16)

A reading from the book of Genesis.

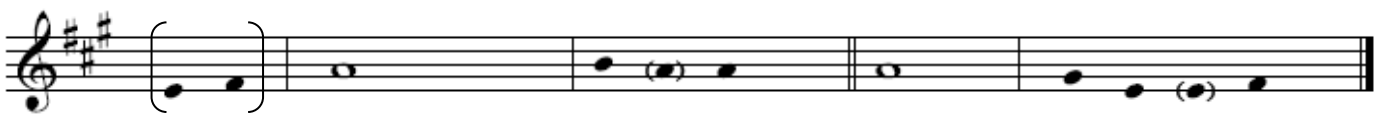
When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, 'I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.' Then Abram fell on his face; and God said to him, 'As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, 'As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.'

This is the word of the Lord.

Thanks be to God.

Psalm (Psalm 22.23-31)



23. Praise the Lord, you that **fear** him; :
O seed of Jacob, glorify him; stand in awe of him, O **seed** of Is-rael.
24. For he has not despised nor abhorred the suffering of the poor;
neither has he hidden his face from **them**; (-):
but when they cried to him **he** heard them.
25. From you comes my praise in the great congre-**ga**-tion; :
I will perform my vows in the presence of **those** that fear you.

26. The poor shall eat and be sat-is[^]fied; :
those who seek the Lord shall praise him;
their hearts shall live for[^]ever.
27. All the ends of the earth shall remember and turn to the Lord,
(-):
and all the families of the nations shall bow be[^]fore him.
28. For the kingdom is the Lord's (-):
and he rules over the na-tions.
29. How can those who sleep in the earth bow down in wor-ship, :
or those who go down to the dust kneel be[^]fore him?
30. He has saved my life for himself; my descendants shall serve
him; :
this shall be told of the Lord for gene-ra-tions[^]to come.
31. They shall come and make known his salvation, to a people yet
un-born, (-):
declaring that he, the Lord, has[^]done it.

New Testament Reading (Romans 4.13-25)

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb.

No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him', were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

This is the word of the Lord.

Thanks be to God.

Stand

Hymn

Jesus, tempted in the desert,
lonely, hungry, filled with dread;
'Use the power,' the tempter tells him;
'Turn these barren rocks to bread!'
'Not alone by bread,' he answers,
'Can the human heart be filled.
Only by the Word that calls us
is our deepest hunger stilled!'

Jesus, tempted at the temple,
high above its ancient wall:
'Throw yourself from lofty turret;
angels wait to break your fall!'
Jesus shuns such empty marvels,
feats that fickle crowds request;
'God, whose grace protects, preserves us,
we must never vainly test.'

Jesus, tempted on the mountain
by the lure of vast domain:
'Fall before me! be my servant!
glory, fame, you're sure to gain!'

Jesus sees the dazzling vision,
turns his eyes another way:
'God alone deserves our homage!
God alone will I obey!'

When we face temptation's power,
lonely, struggling, filled with dread,
Christ, who knew the tempter's hour,
come and be our living bread.
By your grace, protect, preserve us
lest we fall, your trust betray.
Yours, above all other voices,
be the word we hear, obey.

Gospel Reading (Mark 8.31-38)

Hear the Gospel of our Lord Jesus Christ according to Mark.
Glory to you, O Lord.

Jesus began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

After which silence is kept for reflection.

The Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Kneel or sit

Prayers of Intercession

These or other responses are used

Lord, in your mercy
hear our prayer.

(or)

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.**
Amen.

Stand

THE LITURGY OF THE SACRAMENT

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

The deacon says

Let us offer one another a sign of peace.

Please share the Peace.

Remain standing; a Collection will be taken during the singing of the hymn.

Hymn

I cannot tell why he whom angels worship
should set his love upon the sons of men,
or why as shepherd he should seek the wanderers
to bring them back, they know not how nor when.
But this I know, that he was born of Mary
when Bethlehem's manger was his only home,
and that he lived at Nazareth and laboured;
and so the saviour, saviour of the world, has come.

I cannot tell how silently he suffered
as with his peace he graced this place of tears,
or how his heart upon the cross was broken,
the crown of pain to three and thirty years.
But this I know, he heals the broken-hearted,
and stays our sin and calms our lurking fear,
and lifts the burden from the heavy-laden;
for still the saviour of the world, is here.

I cannot tell how he will win the nations,
how he will claim his earthly heritage,
how satisfy the needs and aspirations
of east and west, of sinner and of sage.
But this I know, all flesh shall see his glory,
and he shall reap the harvest he has sown,
and some glad day his sun shall shine in splendour
when he the saviour, saviour of the world, is known.

I cannot tell how all the lands shall worship,
when at his bidding, every storm is stilled,
or who can say how great the jubilation
when all our hearts with love for him are filled.
But this I know, the skies will sound his praises,
ten thousand thousand human voices sing,
and earth to heaven, and heaven to earth, will answer,
'At last the saviour, saviour of the world is king!'

The Preparation of the Table

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.

Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *saying*:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood
of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you,
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

The deacon says

Great is the mystery of faith:
**Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept.

The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The Breaking of Bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
grant us peace.**

Invitation to Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Prayer of Humble Access

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much
as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.**

**Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies
may be made clean by his body
and our souls washed
through his most precious blood,
and that we may evermore dwell in him,
and he in us.
Amen.**

All baptised Christians are welcome to receive communion. Communion will be distributed from a single standing station. Please maintain social distances.

If you would prefer a blessing, please keep your head bowed.

Prayer after Communion

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
 which may happen to the body,
and from all evil thoughts which may assault and hurt the soul;
through Jesus Christ our Lord.
Amen.

**Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

The Notices

Stand

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Hymn

All hail the power of Jesus' name!
let angels prostrate fall,
let angels prostrate fall;
bring forth the royal diadem
and crown him,
crown him, crown him, crown him,
and crown him Lord of all.

Crown him, ye martyrs of your God,
who from his altar call;
praise him whose way of pain ye trod,
and crown him,
crown him, crown him, crown him,
and crown him Lord of all.

Ye seed of Israel's chosen race
ye ransomed of the fall,
hail him who saves you by his grace,
and crown him,
crown him, crown him, crown him,
and crown him Lord of all.

Hail him, the heir of David's line
whom David Lord did call,
the God incarnate, Man divine,
and crown him,
crown him, crown him, crown him,
and crown him Lord of all.

Let every kindred, every tribe,
on this terrestrial ball,
to him all majesty ascribe,
and crown him,
crown him, crown him, crown him,
and crown him Lord of all.

O that with yonder sacred throng
we at his feet may fall,
lift high the everlasting song,
and crown him,
crown him, crown him, crown him,
and crown him Lord of all.

The Dismissal

The deacon says

Go in the peace of Christ.
Thanks be to God.

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Hymns

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